

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****Girls 100 Meter Dash**

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 Meet Record: * 12.10 2005 Jenessa Filler, Tri-Valley
 Meet Record: * 12.10 2010 Alyssa Frantz, Dell Rapids
 12.80 HH

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 VanDeBerg, Mara	12	Garretson	12.60	12.19QHH	2
2 Yoder, Julia	10	SF Christian	12.51	12.42QHH	1
3 Verver, Samantha	9	Dell Rapids	12.70	12.48qHH	2
4 Engbrecht, Mandy	11	Madison	12.69	12.67qHH	1
5 Williams, Hannah	11	Flandreau	13.00	12.85q	1
6 Jaycox, Ilienne	9	Dell Rapids	13.00	12.88q	2
7 Smith, Taelor	9	Madison	13.58	13.13q	2
8 Harrison, Bryanna	9	SF Christian	13.59	13.28q	1
9 Behrens, Brooklyn	11	Flandreau	14.00	13.46	2
10 Leighton, Kendra	7	Madison	14.00	13.53	2
11 Graham, Kali	9	Dell Rapids	13.60	13.73	1
12 Kellenberger, Courtney	8	SF Christian	14.80	14.01	2
13 Northrup, Madison	9	Garretson	14.30	14.04	1
14 Ten Eyck, Morgan	11	Flandreau	15.70	16.01	2
-- Trower, Caitlyn	9	Garretson	14.30	DQ	1

Girls 100 Meter Dash

=====
 Meet Record: * 12.10 2005 Jenessa Filler, Tri-Valley
 Meet Record: * 12.10 2010 Alyssa Frantz, Dell Rapids
 12.80 HH

Name	Year	School	Prelims	Finals	Points
Finals					
1 VanDeBerg, Mara	12	Garretson	12.19	12.15 HH	8
2 Yoder, Julia	10	SF Christian	12.42	12.38 HH	6
3 Verver, Samantha	9	Dell Rapids	12.48	12.71 HH	4
4 Williams, Hannah	11	Flandreau	12.85	12.74 HH	2
5 Engbrecht, Mandy	11	Madison	12.67	12.80 HH	1
6 Jaycox, Ilienne	9	Dell Rapids	12.88	12.81	
7 Smith, Taelor	9	Madison	13.13	13.13	
8 Harrison, Bryanna	9	SF Christian	13.28	13.50	

Girls 200 Meter Dash

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 Meet Record: * 24.70 2005 Jenessa Filler, Tri-Valley
 26.90 HH

Name	Year	School	Seed	Finals	H#	Points
1 Rud, Olivia	9	Madison	26.30	25.59 HH	2	8
2 VanDeBerg, Mara	12	Garretson	26.60	26.21 HH	2	6
3 Smith, Taelor	9	Madison	28.00	27.60	2	4
4 Hoff, Shaylee	9	Dell Rapids	27.60	27.73	2	2
5 Perrenoud, Grace	9	SF Christian	28.90	28.06	2	0.50
5 Harrison, Bryanna	9	SF Christian	28.90	28.06	2	0.50
7 Sage, Peyton	9	Garretson	29.80	28.10	1	
8 Iott, Rylee	8	Flandreau	29.20	28.95	2	
9 Trower, Caitlyn	9	Garretson	30.30	29.60	1	
10 Ricke, Amanda	11	Madison	30.00	29.73	1	

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****....Girls 200 Meter Dash**

11 Schmidt, Raigan	8 Dell Rapids	32.00	29.79	1
12 Headrick, Kennedy	7 Flandreau	30.00	30.10	1
-- Taylor, Lexy	11 Flandreau	31.00	NT	1
-- Morris, Lindsey	11 Dell Rapids	29.50	NT	2

Girls 400 Meter Dash

Meet Record: * 59.09 2014 Olivia Rud, Madison
1:00.70 HH

Name	Year School	Seed	Finals	H#	Points
1 Rud, Olivia	9 Madison	59.00	59.83 HH	2	8
2 Parsley, Hannah	7 Flandreau	1:02.30	1:03.14	2	6
3 Gloe, Morgan	11 Garretson	1:04.50	1:05.17	2	4
4 Booton, Savannah	9 Madison	1:06.00	1:05.46	2	2
5 Leighton, Kendra	7 Madison	1:05.00	1:05.54	2	1
6 Perrenoud, Grace	9 SF Christian	1:04.10	1:05.79	2	
7 Schultz, Elly	8 Dell Rapids	1:04.50	1:08.13	2	
8 Lunday, Mara	9 Flandreau	1:08.30	1:09.72	1	
9 Wilson, Sheridan	8 SF Christian	1:09.90	1:11.39	1	
10 Morris, Lindsey	11 Dell Rapids	1:08.00	1:13.73	1	
11 Reider, Sami	11 Dell Rapids	1:09.50	1:13.98	1	
12 Taylor, Lexy	11 Flandreau	1:10.00	1:19.30	1	
-- Barkema, Rachel	9 SF Christian	1:03.30	NT	2	

Girls 800 Meter Run

Meet Record: * 2:24.40 2000 Maren Hanson, Garretson
2:25.90 HH

Name	Year School	Seed	Finals	Points
1 Sage, Haley	11 Garretson	2:24.10	2:28.54	8
2 Giles, Jenni	9 Madison	2:24.80	2:30.96	6
3 Theophilus, Anna	9 Madison	2:30.00	2:33.24	4
4 Hass, Rachel	10 Madison	2:40.00	2:47.11	2
5 Schnable, Mia	8 SF Christian	2:47.00	2:48.61	1
6 Fykstra, Samantha	8 SF Christian	2:42.80	2:53.27	
7 Lunday, Mara	9 Flandreau	2:55.00	2:56.12	
8 Graham, Kyra	7 Dell Rapids	3:00.00	2:59.56	
9 Reider, Sami	11 Dell Rapids	2:52.00	3:00.12	
10 Ahlschlager, Hanna	10 Flandreau	2:55.00	3:01.71	
11 Drietz, Erin	9 Flandreau	3:05.40	3:02.29	
-- Bohl, Macey	10 Garretson	2:58.00	NT	
-- Tomes, Amanda	9 Dell Rapids	2:55.00	NT	
-- DeWeerd, Megan	12 SF Christian	2:24.70	NT	

Girls 1600 Meter Run

Meet Record: * 5:15.50 2014 Hailey Streff, Madison
5:28.00 HH

Name	Year School	Seed	Finals	Points
1 Streff, Hailey	10 Madison	5:21.20	5:24.59 HH	8
2 Flute, Sinona	8 Flandreau	5:17.30	5:31.74	6
3 Kindt, Rachel	7 Garretson	5:48.70	5:36.87	4

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****....Girls 1600 Meter Run**

4 Bohl, Carmen	9 Garretson	5:30.60	5:39.65	2
5 Vacanti, Taya	12 SF Christian	6:10.10	5:58.77	1
6 Thurston, Maddie	8 SF Christian	5:57.90	6:16.42	
7 Groen, Lindsey	9 SF Christian	6:01.00	6:24.07	
8 Graham, Kyra	7 Dell Rapids	6:15.00	6:24.34	
9 Visser, Shaina	9 Dell Rapids	6:32.00	6:42.27	
10 Drietz, Erin	9 Flandreau	6:30.00	6:48.43	
-- Bly, Jaden	11 Garretson	6:04.40	NT	
-- Hursey, Madie	8 Flandreau	5:44.30	NT	
-- Theophilus, Anna	9 Madison	5:35.00	NT	
-- Streff, Cameron	8 Madison	5:27.00	NT	

Girls 3200 Meter Run

=====
 Meet Record: * 11:30.50 2013 Emily Hawkes, Madison
 12:11.50 HH

Name	Year	School	Seed	Finals	Points
1 Bly, Jaden	11	Garretson	13:18.00	12:39.63	8
2 Rowland, Amanda	10	Madison	12:36.00	12:42.98	6
3 Allen, Marilyn	11	Flandreau	13:30.00	13:21.16	4
4 Vacanti, Taya	12	SF Christian	12:59.99	13:28.52	2
5 Thurston, Maddie	8	SF Christian	13:13.13	13:49.17	1
6 Visser, Shaina	9	Dell Rapids	14:19.00	14:22.08	
-- Groen, Lindsey	9	SF Christian	12:50.00	NT	
-- Bohl, Carmen	9	Garretson	12:07.00	NT	
-- Hursey, Madie	8	Flandreau	11:51.30	NT	
-- Flute, Sinona	8	Flandreau	11:29.80	NT	
-- Streff, Hailey	10	Madison	11:26.50	NT	
-- Streff, Cameron	8	Madison	12:02.10	NT	

Girls 100 Meter Hurdles

=====
 Meet Record: * 14.50 2010 Laura Blom, Madison
 15.70 HH

Name	Year	School	Seed	Finals	Points
1 Hopf, Serena	11	Madison	16.10	16.01	8
2 Schwebach, Shania	9	Madison	17.88	17.14	6
3 VanPeursesem, Alyssa	11	SF Christian	18.10	17.80	4
4 Greenhoff, Kyley	8	Garretson	19.80	19.69	2
5 LaCoursiere, Sydne	9	Dell Rapids	20.10	20.59	1
-- Houg, Molly	8	Garretson	21.00	NT	
-- Headrick, Kennedy	7	Flandreau	18.90	DQ	

Girls 300 Meter Hurdles

=====
 Meet Record: * 45.60 2013 Jordyn Oostra, SF Christian
 48.20 HH

Name	Year	School	Seed	Finals	H#	Points
1 Giles, Jessi	9	Madison	47.40	46.72 HH	2	8
2 Hopf, Serena	11	Madison	49.40	49.63	2	6
3 Parsley, Kathy	9	Flandreau	51.10	50.99	2	4
4 VanPeursesem, Alyssa	11	SF Christian	52.80	54.03	2	2

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****....Girls 300 Meter Hurdles**

5 Schmidt, Raigan	8 Dell Rapids	55.00	56.35	2	1
6 LaCoursiere, Sydne	9 Dell Rapids	58.00	58.13	1	
7 Greenhoff, Kylee	8 Garretson	59.80	1:01.36	1	
8 Houg, Molly	8 Garretson	1:01.20	1:02.24	1	
-- Headrick, Kennedy	7 Flandreau	57.10	NT	2	
-- Zomermaand, Shelby	11 SF Christian	46.70	NT	2	

Girls 4x100 Meter Relay

=====
 Meet Record: * 50.70 2004 West Central
 White, Puthoff, Lange, Rosenbrook
 51.90 HH

School	Seed	Finals	Points
1 SF Christian	52.10	51.28 HH	8
1) Yoder, Julia 10	2) Zomermaand, Shelby 11		
3) Harrison, Bryanna 9	4) Korn, Sydney 12		
2 Madison	51.80	53.32	6
1) Engbrecht, Mandy 11	2) Giles, Jenni 9		
3) Nipe, Madison 12	4) Anderson, Morgan 7		
3 Flandreau	53.40	55.01	4
1) Behrens, Brooklyn 11	2) Iott, Rylee 8		
3) Parsley, Kathy 9	4) Williams, Hannah 11		
4 Dell Rapids	51.90	55.48	2
1) Jaycox, Ilienne 9	2) Morris, Lindsey 11		
3) Reider, Sami 11	4) Schumacher, Kiah 11		
5 Garretson	54.20	55.56	
1) Paul, Kelsie 10	2) Luke, Lara 11		
3) Sage, Peyton 9	4) Trower, Caitlyn 9		

Girls 4x200 Meter Relay

=====
 Meet Record: * 1:44.00 2013 SF Christian
 K Koth, S Zomermaand, M Velgersdyk, S Smidt
 1:49.40 HH

School	Seed	Finals	Points
1 Madison	1:47.90	1:49.27 HH	8
1) Engbrecht, Mandy 11	2) Giles, Jessi 9		
3) Nipe, Madison 12	4) Rud, Olivia 9		
2 Dell Rapids	1:50.90	1:52.06	6
1) Verver, Samantha 9	2) Schuring, Ava 7		
3) Hoff, Shaylee 9	4) Hansen, Aspen 7		
3 Flandreau	1:53.00	1:55.35	4
1) Behrens, Brooklyn 11	2) Parsley, Kathy 9		
3) Parsley, Hannah 7	4) Williams, Hannah 11		
4 Garretson	1:56.30	1:57.58	2
1) Paul, Kelsie 10	2) Luke, Lara 11		
3) Sage, Peyton 9	4) Gloe, Morgan 11		
-- SF Christian	1:47.50	NT	

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****Girls 4x400 Meter Relay**

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 Meet Record: * 3:59.04 2014 SF Christian
 K Koth, K Stern, J Oostra, M Velgersdyk
 4:12.80 HH

School	Seed	Finals	Points
1 Madison	4:04.60	4:06.14 HH	8
1) Giles, Jenni 9	2) Nipe, Madison 12		
3) Giles, Jessi 9	4) Rud, Olivia 9		
2 SF Christian	4:13.30	4:12.64 HH	6
1) Alpers, Lauren 11	2) Barkema, Rachel 9		
3) DeWeerd, Megan 12	4) Korn, Sydney 12		
3 Garretson	4:11.10	4:15.90	4
1) VanDeBerg, Mara 12	2) Luke, Lara 11		
3) Bohl, Carmen 9	4) Sage, Haley 11		
4 Dell Rapids	4:17.28	4:18.17	2
1) Hoff, Shaylee 9	2) Schuring, Ava 7		
3) Schultz, Elly 8	4) Hansen, Aspen 7		
5 Flandreau	4:19.10	4:26.64	
1) Flute, Sinona 8	2) Parsley, Kathy 9		
3) Relf, Baylee 12	4) Parsley, Hannah 7		

Girls 4x800 Meter Relay

=====
 Meet Record: * 9:49.00 2008 Garretson
 Ellefson, Bohl, Nolz, Halverson
 10:07.60 HH

School	Seed	Finals	Points
1 Garretson	10:06.60	10:30.89	8
1) Bohl, Carmen 9	2) Kindt, Rachel 7		
3) Carnicle, Teisha 12	4) Sage, Haley 11		
2 Flandreau	10:17.40	10:32.38	6
1) Parsley, Hannah 7	2) Hursey, Madie 8		
3) Allen, Marilyn 11	4) Flute, Sinona 8		
3 SF Christian	10:00.80	11:09.52	4
1) Barkema, Rachel 9	2) VanEgdom, Kylee 8		
3) Fykstra, Samantha 8	4) Schnable, Mia 8		
4 Madison	11:06.80	11:32.35	2
1) Theophilus, Anna 9	2) Rowland, Amanda 10		
3) Klosterman, Kaitlyn 10	4) Hass, Rachel 10		
5 Dell Rapids	12:02.00	12:37.44	
1) Tomes, Amanda 9	2) Miles, Megan 11		
3) Fiedler, Hannah 11	4) Visser, Shaina 9		

Girls 1600 Sprint Medley

=====
 Meet Record: * 4:23.80 2012 SF Christian
 K Koth, K Stern, J VanZee, M Velgersdyk
 4:29.40 HH

School	Seed	Finals	Points
1 Madison	4:20.00	4:22.57*HH	8
1) Engbrecht, Mandy 11	2) Giles, Jessi 9		
3) Nipe, Madison 12	4) Streff, Hailey 10		
2 SF Christian	4:29.30	4:27.50 HH	6

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****....Girls 1600 Sprint Medley**

1) Yoder, Julia 10	2) Korn, Sydney 12			
3) Alpers, Lauren 11	4) DeWeerd, Megan 12			
3 Dell Rapids	4:30.10	4:36.58		4
1) Verver, Samantha 9	2) Schuring, Ava 7			
3) Hoff, Shaylee 9	4) Hansen, Aspen 7			
4 Garretson	4:22.22	4:42.88		2
1) Paul, Kelsie 10	2) Sage, Peyton 9			
3) Luke, Lara 11	4) Carnicle, Teisha 12			
5 Flandreau	4:25.98	4:55.61		
1) Behrens, Brooklyn 11	2) Williams, Hannah 11			
3) Relf, Baylee 12	4) Allen, Marilyn 11			

Girls High Jump

=====
 Meet Record: * 5-04.50 2005 Amber Schmidt, West Central
 5-00.00 HH

Name	Year	School	Seed	Finals	Points
1 Skluzacek, Morgan	12	Madison	4-11.00	J4-10.00	8
2 Christiansen, Abby	12	Madison	4-11.00	J4-10.00	6
3 Oswald, Sydney	10	Flandreau	4-09.00	J4-06.00	3
3 Mortenson, Autumn	9	SF Christian	4-10.00	J4-06.00	3
5 Brown, Nicole	9	Madison	4-05.00	J4-06.00	1
6 Schumacher, Kiah	11	Dell Rapids	4-04.00	4-02.00	
7 Graham, Kali	9	Dell Rapids	4-10.00	J4-02.00	
8 Paul, Emma	8	Dell Rapids	4-08.00	J4-02.00	

Girls Pole Vault

=====
 Meet Record: * 10-01 2014 Allison Brooks, SF Christian
 8-06.00 HH

Name	Year	School	Seed	Finals	Points
1 Giles, Jenni	9	Madison	8-00.00	8-09.00 HH	8
2 Leighton, Elsa	9	Madison	8-00.00	8-00.00	6
3 Schwebach, Shania	9	Madison	8-06.00	7-00.00	4

Girls Long Jump

=====
 Meet Record: * 18-03.75 2012 Cassidy Gebhart, Elkton-Lake Benton
 16-04.00 HH

Name	Year	School	Seed	Finals	Points
1 Kasuske, Kyla	10	Madison	14-10.25	15-10.50	8
2 Erickson, Demi	11	Dell Rapids	15-04.00	15-06.50	6
3 Stoller, Claire	10	Madison	14-06.00	14-10.75	4
4 Perrenoud, Grace	9	SF Christian	15-00.00	14-09.50	2
5 Paul, Emma	8	Dell Rapids	14-10.00	14-01.00	1
6 Faber, Stacey	10	SF Christian	13-08.00	14-00.50	
7 Schumacher, Kiah	11	Dell Rapids	12-00.00	13-11.00	
8 Iott, Brooke	9	Flandreau	14-06.50	13-09.75	
9 Marsh, Emma	11	Madison	13-09.25	13-05.00	
10 Lunday, Mara	9	Flandreau	13-03.00	12-06.00	
11 Iott, Rylee	8	Flandreau	14-00.50	11-05.50	

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****Girls Triple Jump**

=====
 Meet Record: * 36-10.50 2012 Coley Stoller, Madison
 34-01.00 HH

Name	Year	School	Seed	Finals	Points
1 Stoller, Claire	10	Madison	34-04.00	33-08.00	8
2 Kasuske, Kyla	10	Madison	31-00.00	32-05.00	6
3 Tisher, Jessica	12	Dell Rapids	31-05.00	32-01.00	4
4 Faber, Stacey	10	SF Christian	28-08.00	31-05.00	2
5 Iott, Brooke	9	Flandreau	31-04.50	30-04.50	1
6 VanPeurseem, Alyssa	11	SF Christian	30-02.00	29-03.00	
7 Burggraaf, Makenze	9	Flandreau	26-00.00	26-08.00	
-- Mortenson, Autumn	9	SF Christian	30-09.00	ND	

Girls Shot Put

=====
 Meet Record: * 40-03.25 2003 Jessie Mette, Chester
 37-03.00 HH

Name	Year	School	Seed	Finals	Points
1 Stofferahn, Mikael	11	Dell Rapids	38-08.75	38-00.00 HH	8
2 Siemonsma, Brittne	12	Dell Rapids	35-05.00	34-03.50	6
3 VandenBosch, Rozal	12	Madison	32-07.00	32-05.00	4
4 Nelsen, Jill	12	Dell Rapids	32-00.00	31-06.00	2
5 Heitkamp, Peyton	9	Garretson	28-02.00	28-02.00	1
6 Thayer, Leslie	11	Madison	26-08.00	26-09.00	
7 Martens, Kristen	11	Garretson	27-07.00	26-02.00	
8 Dosch, Hannah	9	SF Christian	26-11.00	25-10.50	
9 Fink, Erynn	9	Garretson	26-07.00	25-00.00	
10 VanBeek, Kristin	9	SF Christian	24-00.00	21-11.00	
-- Hubbel, Molli	9	Madison	24-00.00	ND	

Girls Discus Throw

=====
 Meet Record: * 128-05 1999 Eliza Leloux, Parker
 112-10 HH

Name	Year	School	Seed	Finals	Points
1 Siemonsma, Brittne	12	Dell Rapids	112-00	106-10.00	8
2 Nelsen, Jill	12	Dell Rapids	102-04	103-05.50	6
3 VandenBosch, Rozal	12	Madison	95-01	100-04.00	4
4 Heitkamp, Peyton	9	Garretson	80-01	85-02.00	2
5 Dosch, Hannah	9	SF Christian	82-01	84-10.00	1
6 Stofferahn, Mikael	11	Dell Rapids	115-00	84-01.00	
7 Thompson, Elle	8	Flandreau	90-00	79-08.00	
8 Fink, Erynn	9	Garretson	74-11	76-01.00	
9 Hubbel, Molli	9	Madison	62-00	69-00.50	
10 Northrup, Madison	9	Garretson	64-01	65-06.00	
11 VanBeek, Kristin	9	SF Christian	61-10	56-10.00	
12 Thayer, Leslie	11	Madison	67-00	54-09.00	

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD****Results - Region Meet****Boys 100 Meter Dash**

=====
 Meet Record: * 10.60 2012 D'Artist Williams, Madison
 11.10 HH

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Reams, Adam	12	Dell Rapids	10.90	10.88QHH	1
2 Johnson, Matt	12	Garretson	11.50	11.29Q	2
3 Tillma, Sean	11	Garretson	11.60	11.32q	1
4 Hemmer, Mason	12	Madison	11.61	11.51q	1
5 Jamison, Hunter	11	Madison	11.51	11.57q	2
6 Andersen, Seth	10	Dell Rapids	12.00	11.58q	1
7 Ryan, Taylor	12	Flandreau	11.90	11.60q	1
8 Miller, Anthony	10	Dell Rapids	11.80	12.03q	2
9 Schubert, Isaac	12	Madison	11.87	12.06	2
10 Rattenberg, Mark	9	Garretson	12.50	12.42	1
11 Ruelas, Martin	10	Flandreau	12.00	12.59	2
12 Moe, Daniel	9	SF Christian	12.10	12.60	2
13 Julson, Andrew	9	Flandreau	12.20	12.73	1

Boys 100 Meter Dash

=====
 Meet Record: * 10.60 2012 D'Artist Williams, Madison
 11.10 HH

Name	Year	School	Prelims	Finals	Points
Finals					
1 Reams, Adam	12	Dell Rapids	10.88	11.11	8
2 Johnson, Matt	12	Garretson	11.29	11.12	6
3 Hemmer, Mason	12	Madison	11.51	11.50	4
4 Jamison, Hunter	11	Madison	11.57	J11.50	2
5 Tillma, Sean	11	Garretson	11.32	11.54	1
6 Andersen, Seth	10	Dell Rapids	11.58	11.55	
7 Miller, Anthony	10	Dell Rapids	12.03	11.58	
8 Ryan, Taylor	12	Flandreau	11.60	11.97	

Boys 200 Meter Dash

=====
 Meet Record: * 21.90 2003 Slade Hinrichs, West Central
 23.00 HH

Name	Year	School	Seed	Finals	H#	Points
1 Frederiksen, Brodi	11	Madison	25.00	23.76	2	8
2 Nelson, Parker	8	SF Christian	24.76	23.88	2	6
3 Nagelhout, Adam	9	Dell Rapids	25.40	23.94	1	4
4 Miller, Anthony	10	Dell Rapids	25.50	24.27	1	2
5 Adams, Justus	9	SF Christian	25.20	24.31	2	1
6 Giles, Josh	9	Madison	24.70	24.35	2	
7 Roemen, Josh	10	Dell Rapids	24.90	24.58	2	
8 Grengs, Kasen	10	Flandreau	24.80	24.63	2	
9 Oostr, Mitchell	8	SF Christian	25.02	25.18	2	
10 Janke, Riley	10	Madison	26.00	25.19	1	
11 Julson, Andrew	9	Flandreau	25.50	25.25	1	
12 Uhl, Alex	10	Garretson	27.40	25.59	1	
13 Rattenberg, Mark	9	Garretson	27.00	26.30	1	
14 Hansen, Erik	9	Garretson	29.00	27.82	1	

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****....Boys 200 Meter Dash**

-- Ryan, Taylor 12 Flandreau 24.90 NT 2

Boys 400 Meter Dash

Meet Record: * 49.20 2008 Colin Koth, SF Christian
51.40 HH

Name	Year	School	Seed	Finals	H#	Points
1 Kasuske, Carter	12	Madison	52.51	53.98	2	8
2 VanPeurseem, Devin	12	SF Christian	56.29	54.39	2	6
3 Schmidt, Mason	9	Dell Rapids	55.80	54.65	2	4
4 Erickson, Dylan	11	Flandreau	55.70	55.44	2	2
5 Kisor, Jordan	12	Madison	53.00	55.94	2	1
6 Nagelhout, Adam	9	Dell Rapids	56.20	56.62	2	
7 Krueger, Dominick	8	Garretson	57.50	56.64	1	
8 Oostra, Mitchell	8	SF Christian	57.70	56.65	1	
9 Grengs, Kasen	10	Flandreau	55.80	57.01	2	
10 Ahlers, Derek	9	Dell Rapids	56.80	57.52	1	
11 Kaul, Caleb	9	SF Christian	56.39	57.94	2	
12 Julson, Andrew	9	Flandreau	58.60	58.82	1	
13 Uhl, Alex	10	Garretson	58.10	59.96	1	
14 Hoon, Aaron	10	Garretson	59.10	1:00.07	1	
15 Geditz, Lucas	11	Madison	1:00.00	1:02.65	1	

Boys 800 Meter Run

Meet Record: * 2:00.70 2000 Tim TerHorst, SF Christian
2:04.00 HH

Name	Year	School	Seed	Finals	Points
1 DeLange, Ted	11	Dell Rapids	2:08.90	2:08.71	8
2 Erickson, Dylan	11	Flandreau	2:10.00	2:09.74	6
3 Fernau, Dallas	12	Madison	2:10.70	2:12.47	4
4 Burg, Tanner	11	Madison	2:17.80	2:17.73	2
5 Kippes, Ethan	8	Garretson	2:16.00	2:20.65	1
6 Watley, Connor	9	SF Christian	2:16.60	2:23.64	
7 VanPeurseem, Devin	12	SF Christian	2:15.50	2:26.24	
8 Weiland, Tony	12	Garretson	2:20.00	2:26.55	
9 Pierret, Elijah	10	Garretson	2:22.00	2:32.53	
10 Ten Eyck, Brendan	9	Flandreau	2:34.50	2:35.40	
11 Witte, Micheal	9	Flandreau	2:38.50	2:38.40	
-- DeWeerd, Caleb	10	SF Christian	2:00.80	NT	
-- Mogen, Brett	11	Dell Rapids	2:17.20	NT	
-- Wiebenga, Ross	10	Dell Rapids	2:19.20	NT	

Boys 1600 Meter Run

Meet Record: * 4:32.90 2000 Nick Groen, SF Christian
4:40.00 HH

Name	Year	School	Seed	Finals	Points
1 DeWeerd, Caleb	10	SF Christian	4:34.30	4:40.43	8
2 Streff, Hunter	11	Madison	4:44.10	4:41.09	6
3 Fick, Evan	11	Garretson	4:43.00	4:43.95	4
4 VanZee, Lance	9	SF Christian	4:37.90	4:52.25	2

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****....Boys 1600 Meter Run**

5	Erickson, Dylan	11	Flandreau	4:39.80	4:52.72	1
6	Powell, Josh	10	Garretson	4:49.00	4:55.88	
7	Hatch, Ethan	10	Madison	5:05.50	5:04.90	
8	Hawkes, Ammon	7	Madison	5:10.00	5:17.49	
9	Knuppe, Trent	12	Dell Rapids	5:13.00	5:21.98	
10	Hobbie, Benjamin	9	Flandreau	5:24.50	5:26.49	
11	Kirschenmann, Cale	9	Dell Rapids	5:17.00	5:30.93	
12	Pierret, Elijah	10	Garretson	5:20.00	5:44.51	
13	Henderson, Josh	9	Flandreau	6:50.50	7:00.84	
--	Hitt, Cooper	9	SF Christian	4:39.20	NT	
--	Schreurs, Harrison	10	Dell Rapids	5:48.00	NT	

Boys 3200 Meter Run

=====
 Meet Record: * 10:14.20 1995 John Ecklein, McCook Central
 10:30.50 HH

Name	Year	School	Seed	Finals	Points
1 Hitt, Cooper	9	SF Christian	10:26.20	10:33.77	8
2 Powell, Josh	10	Garretson	10:26.90	10:46.41	6
3 Liester, Josh	12	Garretson	10:27.10	10:47.72	4
4 Abraham, Noah	10	SF Christian	10:22.10	10:58.17	2
5 Hatch, Ethan	10	Madison	11:14.30	11:12.62	1
6 Hawkes, Ammon	7	Madison	11:17.00	11:29.99	
7 Hobbie, Benjamin	9	Flandreau	11:40.20	11:48.69	
8 Kirschenmann, Cale	9	Dell Rapids	11:30.20	13:01.58	
-- Erickson, Dylan	11	Flandreau	10:16.00	NT	
-- VanZee, Lance	9	SF Christian	10:16.40	NT	
-- Knuppe, Trent	12	Dell Rapids	11:20.00	NT	
-- Fick, Evan	11	Garretson	10:16.20	NT	

Boys 110 Meter Hurdles

=====
 Meet Record: * 14.60 1999 Jon Harms, McCook Central
 15.80 HH

Name	Year	School	Seed	Finals	Points
1 Johnson, Matt	12	SF Christian	16.22	15.75 HH	8
2 Janke, Jadon	9	Madison	16.00	16.28	6
3 Jurgensen, Riley	12	Dell Rapids	16.90	17.03	4
4 DeHaai, Joel	9	SF Christian	17.43	17.10	2
5 LaCoursiere, Henry	11	Dell Rapids	17.30	17.44	1
6 Gunderson, Dane	10	Madison	17.76	17.47	
7 Giles, Josh	9	Madison	18.00	17.56	
-- Kieliszewski, Davi	11	SF Christian	17.43	DQ	

Boys 300 Meter Hurdles

=====
 Meet Record: * 40.00 2008 Matt Dunbar, Dell Rapids
 41.70 HH

Name	Year	School	Seed	Finals	H#	Points
1 Parsley, Tim	12	Flandreau	42.50	42.58	2	8
2 Johnson, Matt	12	SF Christian	42.10	42.65	2	6
3 Kieliszewski, Davi	11	SF Christian	44.33	43.41	2	4

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****....Boys 300 Meter Hurdles**

4	Giles, Josh	9	Madison	45.30	43.62	1	2
5	Adams, Justus	9	SF Christian	44.30	44.07	2	1
6	LaCoursiere, Henry	11	Dell Rapids	46.20	45.08	1	
7	Jurgensen, Riley	12	Dell Rapids	44.90	50.29	2	
8	Walker, Lyman	10	Madison	49.30	52.44	1	
--	Janke, Jadon	9	Madison	41.20	DQ	2	

Boys 4x100 Meter Relay

=====
 Meet Record: * 43.20 2012 Dell Rapids
 C Barber, Z Barber, T Munk, B Sharp
 44.90 HH

School	Seed	Finals	Points
1 Dell Rapids	43.70	44.68 HH	8
1) Bergstrom, Ian 12		2) Ljunggren, Tanner 12	
3) Schmidt, Riley 12		4) Reams, Adam 12	
2 Madison	45.60	45.40	6
1) Hemmer, Mason 12		2) Frederiksen, Brodie 11	
3) Hutchins, Willie 10		4) Jamison, Hunter 11	
3 Garretson	46.10	46.07	4
1) Tillma, Sean 11		2) Johnson, Matt 12	
3) Gibson, Shay 10		4) Lymon, Diontae 9	
4 SF Christian	46.56	46.13	2
1) Johnson, Matt 12		2) Jouvstra, Kye 11	
3) Nelson, Parker 8		4) Wynia, Lee 12	
5 Flandreau	47.30	48.00	
1) Ruelas, Martin 10		2) Ryan, Taylor 12	
3) Julson, Andrew 9		4) Parsley, Tim 12	

Boys 4x200 Meter Relay

=====
 Meet Record: * 1:30.69 2014 Dell Rapids
 K Berven, I Bergstrom, R Schmidt, Z Schroeder
 1:33.10 HH

School	Seed	Finals	Points
1 Dell Rapids	1:33.10	1:34.08	8
1) Reams, Adam 12		2) Bergstrom, Ian 12	
3) Schmidt, Riley 12		4) White, Sam 11	
2 Madison	1:33.60	1:35.44	6
1) Hemmer, Mason 12		2) Janke, Jaxon 9	
3) Hare, Tyler 11		4) Jamison, Hunter 11	
3 Garretson	1:41.00	1:43.28	4
1) Hoon, Aaron 10		2) Rattenberg, Mark 9	
3) Gibson, Shay 10		4) Lymon, Diontae 9	
-- SF Christian	1:36.23	DQ	
1) Nelson, Parker 8		2) Jouvstra, Kye 11	
3) Fykstra, Dejay 10		4) Wynia, Lee 12	

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****Boys 4x400 Meter Relay**

School	Seed	Finals	Points
1 Dell Rapids	3:34.80	3:32.67	8
1) White, Sam 11	2) Hansen, Hunter 10		
3) Gillogly, Ben 12	4) Heim, Tanner 10		
2 SF Christian	3:36.16	3:34.00	6
1) Wynia, Lee 12	2) Fykstra, Dejay 10		
3) Jouvstra, Kye 11	4) DeWeerd, Caleb 10		
3 Madison	3:37.00	3:35.11	4
1) Janke, Jaxon 9	2) Giles, Josh 9		
3) Janke, Jadon 9	4) Hare, Tyler 11		
4 Garretson	3:52.00	4:02.44	2
1) Mudder, Brennan 8	2) Gibson, Shay 10		
3) Uhl, Alex 10	4) Weiland, Tony 12		
-- Flandreau	3:50.27	NT	

Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 Garretson	8:42.00	8:50.09	8
1) Powell, Josh 10	2) Liester, Josh 12		
3) Mudder, Brennan 8	4) Fick, Evan 11		
2 SF Christian	8:21.70	9:04.63	6
1) Hitt, Cooper 9	2) Abraham, Noah 10		
3) Watley, Connor 9	4) VanZee, Lance 9		
3 Madison	8:24.00	9:23.35	4
1) Kisor, Jordan 12	2) Burg, Tanner 11		
3) Monroe, Johnny 12	4) Fernau, Dallas 12		
4 Dell Rapids	9:08.20	9:39.51	2
1) Knuppe, Trent 12	2) Mogen, Brett 11		
3) Kirschenmann, Caleb 9	4) DeLange, Ted 11		

Boys 1600 Sprint Medley

School	Seed	Finals	Points
1 Madison	3:47.00	3:47.59	8
1) Hemmer, Mason 12	2) Jamison, Hunter 11		
3) Hare, Tyler 11	4) Streff, Hunter 11		
2 Garretson	3:52.00	3:53.03	6
1) Tillma, Sean 11	2) Johnson, Matt 12		
3) Mudder, Brennan 8	4) Fick, Evan 11		
3 Dell Rapids	3:41.70	3:57.30	4
1) Miller, Anthony 10	2) Roemen, Josh 10		
3) Heim, Tanner 10	4) Mogen, Brett 11		

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD
Results - Region Meet****....Boys 1600 Sprint Medley**

4 Flandreau	3:59.30	4:07.01	2
1) Ruelas, Martin 10	2) Grengs, Kasen 10		
3) Veldkamp, Derick 12	4) Julson, Anthony 11		
-- SF Christian	3:41.80	NT	
1) Moe, Daniel 9	2) Oostra, Mitchell 8		
3) Kaul, Caleb 9	4) Abraham, Noah 10		

Boys High Jump

=====						
Meet Record: *	6-06	2007	Jeremy Geditz, Madison			
	6-00.00	HH				
Name	Year	School	Seed	Finals	Points	
=====						
1 Fykstra, Dejay	10	SF Christian	6-02.00	J6-02.00 HH	8	
2 Kasuske, Carter	12	Madison	6-00.00	J6-00.00 HH	6	
3 Schmidt, Mason	9	Dell Rapids	6-02.00	J5-10.00	4	
4 Robson, Hunter	12	Madison	5-10.00	J5-10.00	2	
5 Hare, Tyler	11	Madison	6-01.00	J5-08.00	1	
6 Julson, Anthony	11	Flandreau	5-06.00	5-04.00		
7 Veldkamp, Derick	12	Flandreau	5-06.00	J5-04.00		
8 Schuch, Jeffery	9	Dell Rapids	5-06.00	5-02.00		

Boys Pole Vault

=====						
Meet Record: *	13-07	2014	Gavin DeHaai, SF Christian			
	11-03.00	HH				
Name	Year	School	Seed	Finals	Points	
=====						
1 DeHaai, Gavin	12	SF Christian	13-06.00	13-08.00*HH	8	
2 Guse, Noah	10	Madison	8-06.00	10-03.00	6	
3 Pfaff, Chase	10	SF Christian	10-03.00	9-09.00	4	
4 Dorris, Kaiden	11	Madison	11-03.00	8-09.00	2	

Boys Long Jump

=====						
Meet Record: *	21-09.75	2013	Tayler Anderson, Madison			
	20-07.00	HH				
Name	Year	School	Seed	Finals	Points	
=====						
1 Kasuske, Carter	12	Madison	20-01.00	20-05.50	8	
2 Hoglund, Ty	11	Dell Rapids	20-08.75	20-03.50	6	
3 Ljunggren, Tanner	12	Dell Rapids	20-07.00	19-11.75	4	
4 Janke, Jaxon	9	Madison	20-01.00	19-07.50	2	
5 Veldkamp, Derick	12	Flandreau	20-00.00	19-00.00	1	
6 VanPeurseem, Devin	12	SF Christian	19-03.00	18-07.00		
7 Nagelhout, Adam	9	Dell Rapids	19-09.00	18-06.00		
8 Parsley, Tim	12	Flandreau	19-04.50	18-03.00		
9 Lymon, Diontae	9	Garretson	19-09.00	18-02.00		
10 Schubert, Isaac	12	Madison	19-03.00	17-11.00		
11 Hoon, Aaron	10	Garretson	18-06.00	17-04.00		
12 Ruelas, Martin	10	Flandreau	18-02.50	17-03.00		
13 Ruiten, Caleb	10	SF Christian	17-06.00	16-05.50		
14 Carver, Hunter	9	Garretson	14-10.00	15-06.00		
-- DeHaai, Gavin	12	SF Christian	19-04.00	ND		

Region 3A Track & Field Meet - 5/21/2015**Garretson, SD****Results - Region Meet****Boys Triple Jump**

Meet Record: * 43-09 2008 Nate TenNapel, SF Christian
41-08.00 HH

Name	Year	School	Seed	Finals	Points
1 Kasuske, Carter	12	Madison	42-02.00	42-00.50 HH	8
2 Ljunggren, Tanner	12	Dell Rapids	42-04.00	41-07.50	6
3 Hoglund, Ty	11	Dell Rapids	42-00.50	41-04.25	4
4 Janke, Jaxon	9	Madison	40-09.00	40-03.25	2
5 Lymon, Diontae	9	Garretson	36-07.50	38-11.00	1
6 Ruitter, Caleb	10	SF Christian	38-04.00	38-01.75	
7 Hoon, Aaron	10	Garretson	36-10.50	37-10.75	
8 Nelson, Jace	12	Dell Rapids	37-03.00	37-01.25	
9 Hogan, Riley	10	SF Christian	35-05.00	36-05.50	
10 DeHaai, Joel	9	SF Christian	35-02.00	35-02.50	
11 Hahn, Trevor	9	Flandreau	30-11.00	30-08.00	
-- Janke, Riley	10	Madison	37-04.00	ND	

Boys Shot Put

Meet Record: * 58-02.50 2013 Cole Langer, Dell Rapids
50-03.00 HH

Name	Year	School	Seed	Finals	Points
1 Hammer, Ben	12	Dell Rapids	53-03.00	54-00.00 HH	8
2 Johnson, Matt	12	Garretson	48-07.50	47-02.50	6
3 VanGorp, Carter	11	SF Christian	46-00.00	45-08.50	4
4 Palli, Matt	11	Madison	41-04.00	45-07.50	2
5 Gabel, Matt	11	SF Christian	44-01.75	44-04.50	1
6 Huisken, Connor	11	SF Christian	43-07.50	43-05.50	
7 Nowstrup, Dexter	12	Madison	42-11.00	43-03.50	
8 Van Dyn, Cole	9	Dell Rapids	42-05.00	42-04.00	
9 Denhoed, Tyler	11	Madison	39-07.75	38-09.00	
10 Palmer, Nick	9	Dell Rapids	38-01.00	36-00.50	
11 Thomas, Josh	9	Garretson	33-00.00	34-00.50	
12 Barboza, Logan	11	Flandreau	32-10.00	30-00.00	
13 Hansen, Erik	9	Garretson	25-00.00	25-04.50	

Boys Discus Throw

Meet Record: * 169-01 2014 Tyler Currey, Madison
152-05 HH

Name	Year	School	Seed	Finals	Points
1 Nowstrup, Dexter	12	Madison	153-08	167-11.50 HH	8
2 VanGorp, Carter	11	SF Christian	146-02	156-06.50 HH	6
3 Hammer, Ben	12	Dell Rapids	158-05	154-11.50 HH	4
4 Gabel, Matt	11	SF Christian	134-00	147-06.00	2
5 Huisken, Connor	11	SF Christian	112-11	133-02.00	1
6 Williams, Dylan	11	Madison	112-10	125-02.50	
7 Poppens, Jakob	11	Madison	120-00	125-02.00	
8 Pulscher, Trevor	10	Dell Rapids	116-08	106-03.00	
9 Thomas, Josh	9	Garretson	86-00	83-09.00	
10 Palmer, Nick	9	Dell Rapids	101-00	77-08.50	
11 Johnson, Zeb	9	Garretson	80-00	76-02.50	
-- Barboza, Logan	11	Flandreau	106-07	ND	